



You can find us at:

Gravity Youth Centre

Off Bannister Drive

Lake Haven

We are here!  
(Between Metro Cinemas and  
Lake Haven Shopping Centre)



Find us on 

Search Facebook for:

**Phoenix Youth Support Service**

to stay updated on programs,  
events, and support available to  
you!

NEIGHBOURHOOD CENTRES

Wyong N'hood Centre 43 531750  
San Remo N'hood Centre 4390 7888  
Toukley N'hood Centre 4396 1555

YOUTH SERVICES

headspace 4394 9100  
Youth Health 4356 9333  
LINKS Youth Support (San Remo) 4390 7888  
R.A.P.T (Reconnecting Adolescents and Parents Team) 1800 067 967  
Link2Home (accommodation support) 1800 152 152  
Family Planning (02) 4929 4485

OTHER NUMBERS

Family & Community Services 132 111  
Police Assistance Line (non-urgent police reports) 131444  
Life Line 13 11 14  
Kids Help Line 1800 55 1800  
Emergency 000

Contact Phoenix Youth Support by...

Office: 02 43 939 555

Mobile: 0403129920

Email: [youthsupport@wyongneighbourhoodcentre.org.au](mailto:youthsupport@wyongneighbourhoodcentre.org.au)

Post: P.O Box 411 Wyong 2259

# Phoenix Youth Support Service



"I'm having trouble at home"

"I want to learn some life skills  
in a safe place"

"I'm not coping with School"

"How do I fill out these forms?"

"I need somewhere to live"

"I want to start working"

**We can help! :)**

A project of



**Wyong Neighbourhood Centre Inc**

[www.wyongneighbourhoodcentre.org.au](http://www.wyongneighbourhoodcentre.org.au)

Funded by Family and Community Services



## ***A bit about us !***

*Phoenix Youth Support Service offer free support to young people aged between 12 and 18 and their families who are experiencing difficulty with school, finding work, having hassles at home, dealing with Centrelink, or finding accommodation and to support your general wellbeing.*

### ***Mentoring***

*We provide one to one mentoring to help you reach your potential. Mentoring support runs for about 12 weeks to ensure you have the support when you need it. We can help with homework and filling out forms.*

### ***Programs***

*We facilitate afternoon programs on Wednesday, Thursday and Friday each week between 2pm and 5pm. Activities include outdoor sports, and art craft. We also have a drum kit / guitars you can play as well as a gaming console.*

### ***Referral***

*We can also support you to find the right service when we might not be able to support you ourselves with services that may help with issues including Mental health needs, Drug and Alcohol Help, and Legal matters*

## ***The Programs We Offer***

### ***Linked2 Skills Wed-Fri 2-5pm***

*8 week activities including: cooking music, art, sports, digital media, and more!*

### ***Linked2 Success Mon-Fri 9-2pm***

*A 12 week 1 on 1 service provided to help you achieve your personal goals whilst looking after your all round wellbeing*

### ***Linked2 School Tue & Thu 9-2 pm***

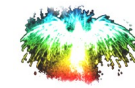
*We offer 8- 12 week programs to support you and your school.*

### ***Linked2 Moving on Wed-Fri 2-5pm***

*A 12 week wrap around support service for young people leaving intensive support (i.e. counsellor ,psychologist, etc)*

### ***Linked2 Info Mon-Fri 9-2pm***

*Advice, referral and information about services that can support you*



## ***How do I get involved ?***

*Its simple!*

*Give us a call and arrange an appointment or if you're in the area you can just drop in and say hi.*

*Our friendly team can talk to you about what's happening for you and work out which program would work best for you.*

*Please tick the boxes that*

*apply to you:*

- I need my License
- I need accommodation
- I need help with School
- I need help at home
- I need legal help
- I just need to talk to

*someone*

*If you ticked any of the above boxes, get in touch to see how we can support you.*